

Kids Activities Booklet www.cfs.sa.gov.au





FIRE SAFETY STARTS MEL

My name is:

l live at:

Draw a picture of yourself

What does it mean?

CFS

The CFS is a short way of saying the "South Australian Country Fire Service." The CFS works in country areas of South Australia and helps with things like bushfires, building fires, motor vehicle fires, rescuing people in car crashes, and cleaning up "hazardous material spills" (when dangerous things leak or get spilt). CFS members are almost all volunteers, giving thousands and thousands of hours of their free time to help. They also help people get ready for bushfires.

Fire Danger Season

The Fire Danger Season is a time of the year when bushfires are more likely to happen, and can be more dangerous if they do. There are some things you're not allowed to do during the Fire Danger Season, and other things that you can do at this time of year to stay safe and prevent fires.

Fire Ban District

Just like your town or suburb, only bigger... This is an area where fire dangers are similar enough that one set of rules applies to the whole area – like the dates for the Fire Danger Season, whether it's a Total Fire Ban Day, or what the Fire Danger Rating is.

Fire Danger Rating

A Fire Danger Rating is calculated using a whole lot of information about the weather and the environment and some very complicated maths. *It doesn't predict that a bushfire will happen, but tells us how bad a bushfire could be if it did start on that day.* You can find out the night before what tomorrow's Fire Danger Rating will be, and use this to act out your Bushfire Survival Plan.

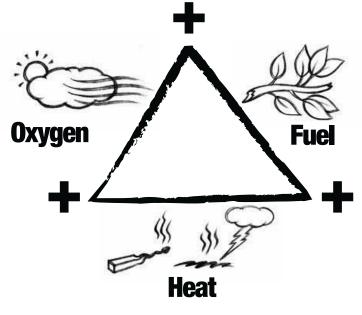
Total Fire Ban Day

Just like it sounds, a total Fire Ban Day is a day when you're not allowed to light fires, even for some types of barbeques. The CFS website has a list of things you can and can't do on total Fire Ban Days.

Find it Out My Fire Ban District is:

Hint: you can look up your Fire Ban District on the SA Country Fire Service website: **WWW.Cfs.sa.gov.au**

FIRE TRIANGLE



Fire is a chemical reaction which needs three things to be present:



If one of these isn't present, the fire cannot start. If one of these is taken away, the fire will go out.

So how does it all work?

Oxygen

We all breathe the oxygen in the air around us, and so does fire. If we cover a fire, it can't get any more oxygen and will suffocate.

Fuel

Anything that will burn can provide fuel to feed a fire. It can be solid (like wood, fabric and plastic), liquid (like petrol and cooking oil) or gas (like the gas you might cook with at home or in your barbeque). One of the ways you can protect your house from bushfires is to clean leaves out of your gutters, and keep flammable things such as log piles and gas bottles away from your house.

Heat

The final piece of the triangle is having enough heat to set fire to the fuel. Lots of things can provide heat for a fire, such as lightning, matches, electricity, heaters, radiators, stoves, overloaded power points, and damaged electrical cords. You can prevent fires from starting by removing sources of heat. Firefighters also use water and foam to cool fires to put them out.

Activity: Fire Triangle

Opposite is a list of ways we can prevent fires, or put them out once they've started. Each of them targets part of the fire triangle. Do you know which one? Circle Oxygen, Heat or Fuel.

Answers: 1 heat, 2 oxygen, 3 oxygen, 4 fuel, 5 heat, 6 fuel

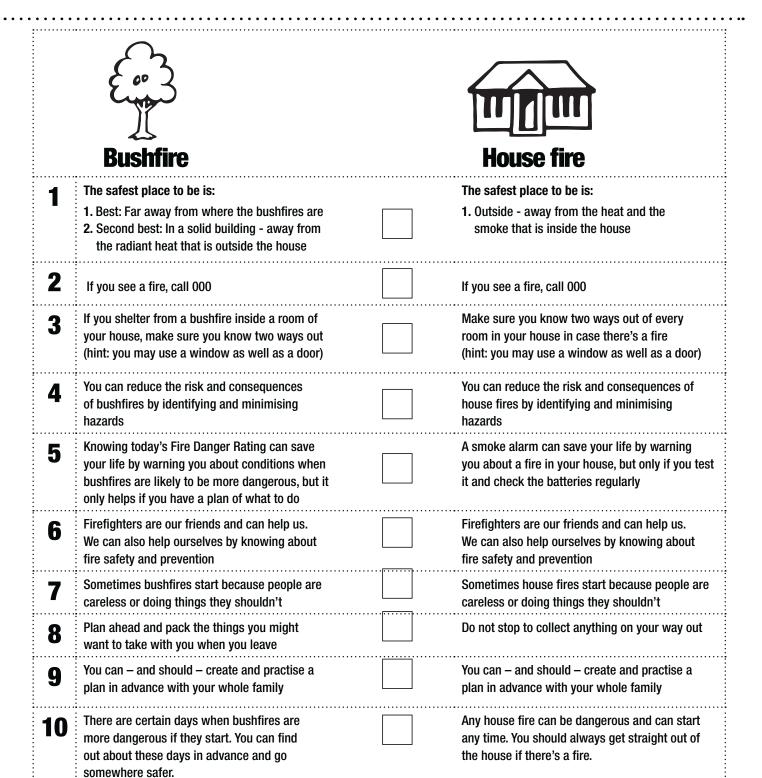
Fire Triangle				
Oxygen	Heat	Fuel		
Oxygen	Heat	Fuel		
Oxygen	Heat	Fuel		
Oxygen	Heat	Fuel		
Oxygen	Heat	Fuel		
Oxygen	Heat	Fuel		
	Oxygen Oxygen Oxygen Oxygen Oxygen	OxygenHeatOxygenHeatOxygenHeatOxygenHeatOxygenHeatOxygenHeat		

Some things are the same with bushfires and house fires. Some things are different.

Can you pick which are the **same** and which are **different?**

BUSHFIR

Put a \checkmark in the middle for same, and a \times for different...



SE FIRE

Same or X Different

REPORTING A FIRE: CALL 0000

If there is a fire in your house, you should always get out of the house immediately (see page 8 for how to safely get out).

You should then call 000 (triple zero) from a mobile phone or a neighbours house to report the fire.

Questions the Fire Brigade/Fire Service might ask:

- What is your name and address?
- What is the nearest cross street to the house?
- How big is the fire?
- Is everyone safe, or is someone hurt or missing?

• What is burning?

Dialling 000

- 1 What would you say on the phone if you were reporting a fire to the fire brigade/fire service?
- 2 Why should you first LEAVE a place where there is a fire BEFORE calling for help?
- 3 Why should you always call the fire brigade/fire service for help?

Answers

- 1 You should give your name and the address of the fire and the location of the fire in the house, apartment or building.
- 2 If you stayed in the house you could be overcome by the smoke in the few minutes it takes to phone for help.
- **3** The fire brigade/fire service has all the right equipment and experience to fight fires. The quicker the fire brigade/fire service is called the quicker they can turn up. It does not matter if others report the fire too, just so long as the brigade is told right away.

Quiz Draw a circle around the letter which gives the right answer to each of the 3 questions below:

1 I know what to do if a fire started at my house because:	2 If I report a fire the Fire brigade will need to know:	3 If there was a fire in my house at night I would first:
A. I can work it out when the time comes.	A. Only the name of my street.	A. Look for my brothers and sisters.
B. My family has a Home Fire Escape Plan.	B. How bad the fire is.	B. Follow our escape plan to the family
C. My uncle is a fireman.	C. My name, street address and suburb.	meeting place and have a roll call.
D. I have seen it on television.	D. What time it is.	C. Try to put the fire out with water.
	E. My favourite flavour of ice-cream.	D. Wake up my neighbours.
	•	E. Panic and hide under the bed.

Answers: 1:B, 2:C, 3:B. Why not talk over all the questions (listed above) with your parents and have a class discussion with your school teacher.

6 HAZARDS INSIDE AND OUT

The most important thing you can learn is how to stop bad fires before they have a chance to start!

Cleaning up outdoor hazards can help keep your house safe from bushfires.

MAX0111 MA

Outdoor fire hazards:

Heavy undergrowth around the house, long dry grass, wood piles and flammable liquids stored close to the house, lots of dead leaves and twigs under trees are all examples of outdoor fire hazards.

Activity: Outdoor Fire Hazards

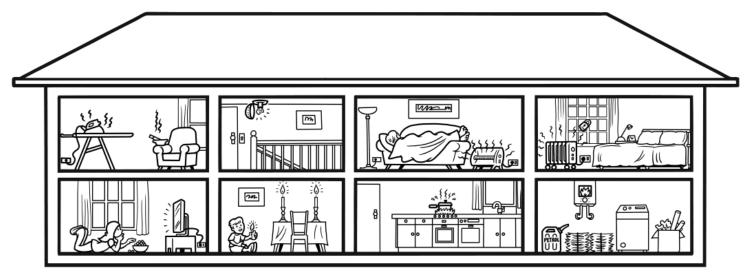
Help clean up fire hazards on this property, to protect the house from bushfires.

1 Put a red cross on each fire hazard you can spot.

- Is this house safe from Bushfires? : 2 Make a list of things to do to clean up and protect the property and house from bushfires.
 - 3 Show your list to an adult and give your reasons.

CAUSES OF HOUSE FIRES

Most fires are caused by accident. Do you know what causes most accidents? If you said **CARELESSNESS** you are correct.



Activity: Indoor Fire Hazards

There are 12 fire and burn hazards in this house.

1 List each of the hazards.

2 Explain how to correct these hazards and make the house safe.

List the fire hazards

3 Show this list to your family to help them identify hazards that need to be removed at home.

Indoor fire hazards:

Rubbish, oily rags, piles of old newspapers, toys or clothes or furniture too close to heaters, unattended candles, open fire places or stoves, matches left within reach of young children, faulty electrical cords, appliances left on after use or overnight, and chimneys blocked with soot are all examples of indoor fire hazards.

Downstairs: TV room: • there are no fire hazards (yay!) Dining room: • unattended candles (could start a fire) • child playing with lighter (could burn himself or start a fire - especially dangerous near pilot light and tuel a fire) • stacks of newspapers (could fuel a fire - especially dangerous near pilot light and with other fuel around) • box of papers/rubbish (could start and tuel a fire) • stacks of newspapers (could fuel a fire - especially dangerous near pilot light and with other fuel around) • box of papers/rubbish (could fuel a fire - especially dangerous near pilot light and with other fuel around) • box of papers/rubbish (could fuel a fire - especially dangerous near pilot light and with other fuel around)

Lounge room: • unattended heater (could start a fire) • unattended cigarette (could start a fire) • locked window (prevents escape if the doorway is blocked) Lounge room: • unattended heater (could start a fire) • locked window (prevents escape if the doorway is blocked)

⁸ **IF THE ROOM FILLS WITH SAOKE,** GET DOWN LOW AND GO! GO! GO!

Remember, if there is smoke or lots of heat in the house, a fire is near...

Smokey says this is what you must do:

- First shout "Fire" to warn the family.
- Then get down on your hands and knees and crawl away from the smoke and fire to an exit. Keep low to the ground (or floor) as the air is fresher to breathe near the ground.
- Before you open any doors first test the door for heat. Fire could be on the other side. Use the back of your hands to touch the door, not your finger tips and don't touch the handle - which might be very hot.
- If the door is HOT do not open it. Move back and crawl out through the window.
- If the door is COLD open it carefully. Do not let smoke or heat in. If it is safe to leave through the door keep low and crawl out of the house. Close all doors as you go to keep the smoke/heat/fire away from you.
- If you cannot escape through a door or window exit DO NOT HIDE. Wait at the window and wave a sheet or flashlight as a signal to let the fire brigade know where you are. The fire brigade will come and rescue you and put out the fire.

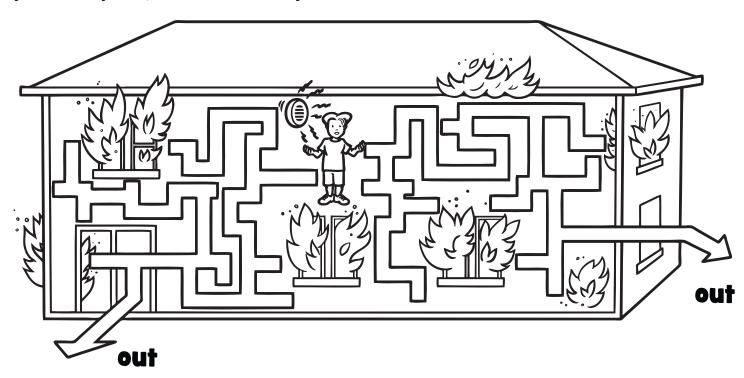






Activity: find the safe way out

Find the safe way out of the burning house – remember you should always know at least two ways out of every room, and the safest exit may be the window!



STOP, COVER, DROP AND ROLL

If your clothes catch fire:



I. STOP

Never run. Running gives the fire more oxygen to burn and makes it bigger and faster



2. COVER

Cover your face with your hands to protect your face from flames

3. DROP

Drop to the ground



4. ROLL

Roll over and over and over. This smothers the flames, cuts off the oxygen to the fire and puts out the fire

Activity: Stop Cover Drop Roll

1 Remember the fire triangle on page 3? What part of the triangle do the "Stop" and "Roll" help with?

> 3 Why is it important to practise Stop Cover Drop Roll?

2 How would you help a friend whose clothes have caught fire?

To avoid bad burns and clothing catching fire:

Do not play with fire, matches, or cigarettes and do not stand too close to stoves, heaters, fire places or outdoor barbeques.
Answers
 They remove the <u>oxygen</u>: Running around gives the flames more oxygen, so we STOP; ROLLing on the ground smothers the flames by cutting off oxygen. Using a fire blanket or rug helps to smother the flames even more.
2 Help them to STOP , COVER , DROP , and ROLL by pushing them to the ground and rolling them over until the flames are out. Covering them with a blanket or rug will help put the flames out.
3 Practise STOP, COVER, DROP and ROLL so if your clothes ever caught fire you would not panic and get burnt. Instead you would know what to do - STOP, COVER, DROP and ROLL to put out the fire.

¹⁰ OUR HOME FIRE ESCAPE PLAN

Making a fire escape plan for your home can be fun and is the safe thing to do.

Help your parents to make up a Home Fire Escape Plan today so everyone knows how to get out safely.

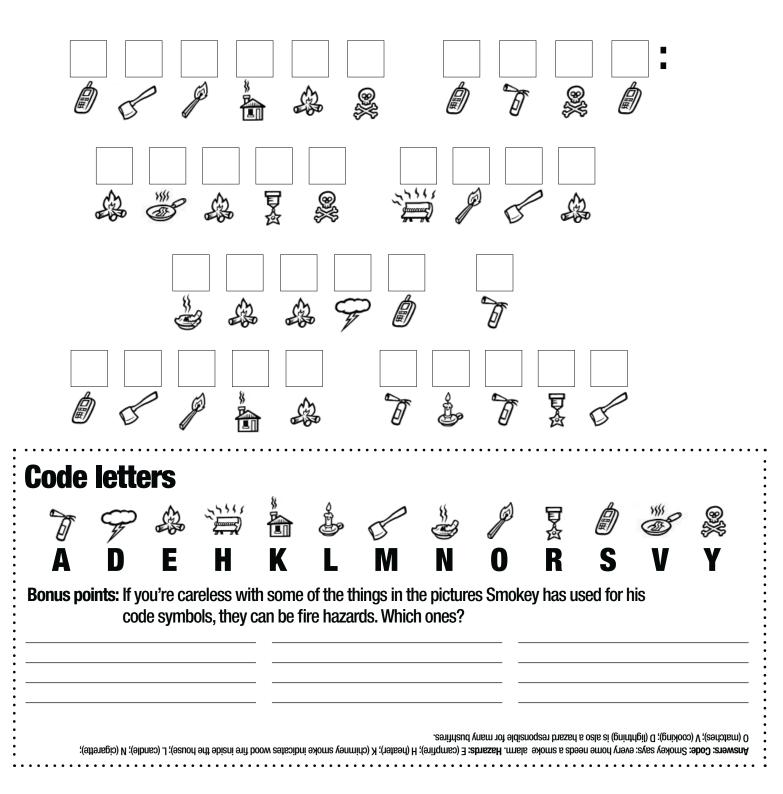
Steps to follow

Using the grid above, draw a floor plan of your home. Show all rooms, bedrooms, windows and doors. Then label them.

- 1 Know of two ways out of every room. USUALLY THE TWO EXITS FROM EACH ROOM ARE THE DOOR AND WINDOW.
- 2 Mark all exits from each room on your Home Fire Escape Plan.
- 3 With your family take the plan to each bedroom and test the escape routes. Make sure windows can open easily.
- 4 Plan to assist infants, elderly and members of the family with disabilities.
- 5 Select a safe meeting place outdoors for the family to meet for roll call. Mark with a cross the meeting place on your Home Fire Escape Plan.
- 6 At the first sign of smoke or fire get out fast. Do not stop to collect pets or toys.
- 7 Remember once out stay out.
- 8 Go to your neighbour's house or use a mobile phone to call the fire brigade/fire service and report the fire.

CAN YOU SOLVE SMOKEY'S CODED MESSAGE?

Use the code letters under the message to decipher Smokey's secret note.



11

and important things come with you.

Emergency Kits can keep your valuables safe. Other things that can keep you safe are:

Have a Plan

It's important that your whole family creates a Home Fire Escape Plan (see page 10), and a Bushfire Survival Plan (see the CFS website) so you all know what to do.

Practise Your Plan (have a drill)

Because fires are fast and scary – and most house fires occur at night when you're asleep – it's important to have tested and learnt your plan in advance so you know what to do without thinking.

Tips for Fire Drills

- Never hold a fire drill without your parents.
- Always practise drills in the daylight.
- Practise fire escape drills in bedrooms, because night fires are the most dangerous.

Turn it off

Minimise the risk of fires starting while you're asleep by turning heaters and other appliances off when you go to bed.

Smoke alarms 777 The law requires that all homes have smoke alarms fitted.

some of these things so you can get them

easily if you need to leave your house. Draw pictures here or use the stickers in this book.

> Smoke alarms will sound a loud alarm to wake you, so your family can escape safely. Remember to press the test button once a week to see if the smoke detector is working; change the battery once a year at the end of daylight saving, or if you hear a 'low power' warning beep; and get a new smoke alarm every ten years.

CAMP FIRE SAFETY RULES

1. Check if you're allowed

Check the fire danger rating, fire bans and local fire rules before lighting a campfire.

During the Fire Danger Season, some of the rules below become law. On a Total Fire Ban Day, you're not allowed to have a fire at all. Make sure you know what you're allowed to do, by checking the CFS website (www.cfs.sa.gov.au), or calling the Bushfire Information Hotline on 1300 362 361 (TTY 133 677).

During Fire Danger Season, you may not be able to light fires in National Parks, even when it's not a Total Fire Ban Day. Check Park signs, or contact the Park office to find out more.

2. Keep it clear

Make sure there aren't any overhanging branches above your fire and clear branches and leaves off the ground to make a clear space of **four metres** around the fire. Make your fire away from your tents and anything else that could catch fire.

3. Keep it contained: use or make a fireplace

Use a fireplace: You might be somewhere with barbeques or special fire pits. This is the safest place to light a fire

Make your own:

Trench: If there aren't ready-made fire pits, make your own by digging a trench. If you light a fire during the Fire Danger Season, this trench is compulsory, and has to be 30cm deep and smaller than one metre in area.

Rocks: You can make a ring of big rocks to keep your fire contained, but be careful which rocks you choose! River rocks or creek stones can shatter and cause injury.

4. Don't use flammable liquids like petrol or kerosene to light your fire

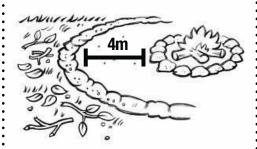
Anything flammable near fire is very dangerous. You could end up hurting someone or burning something that shouldn't be burnt.

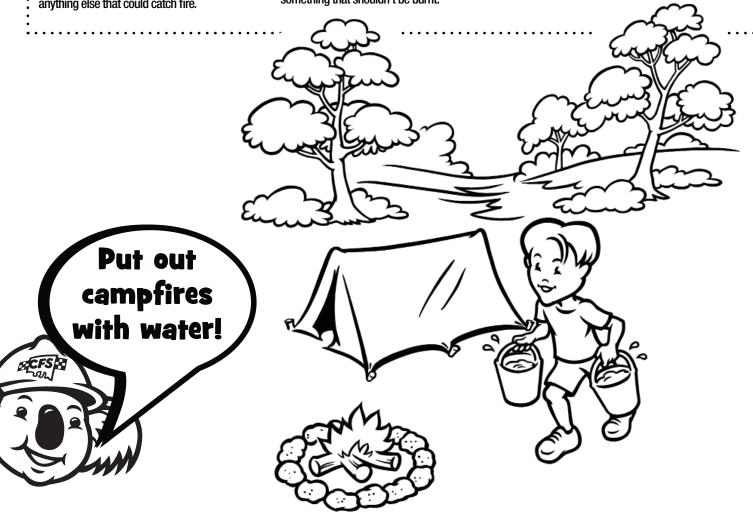
5. Watch it

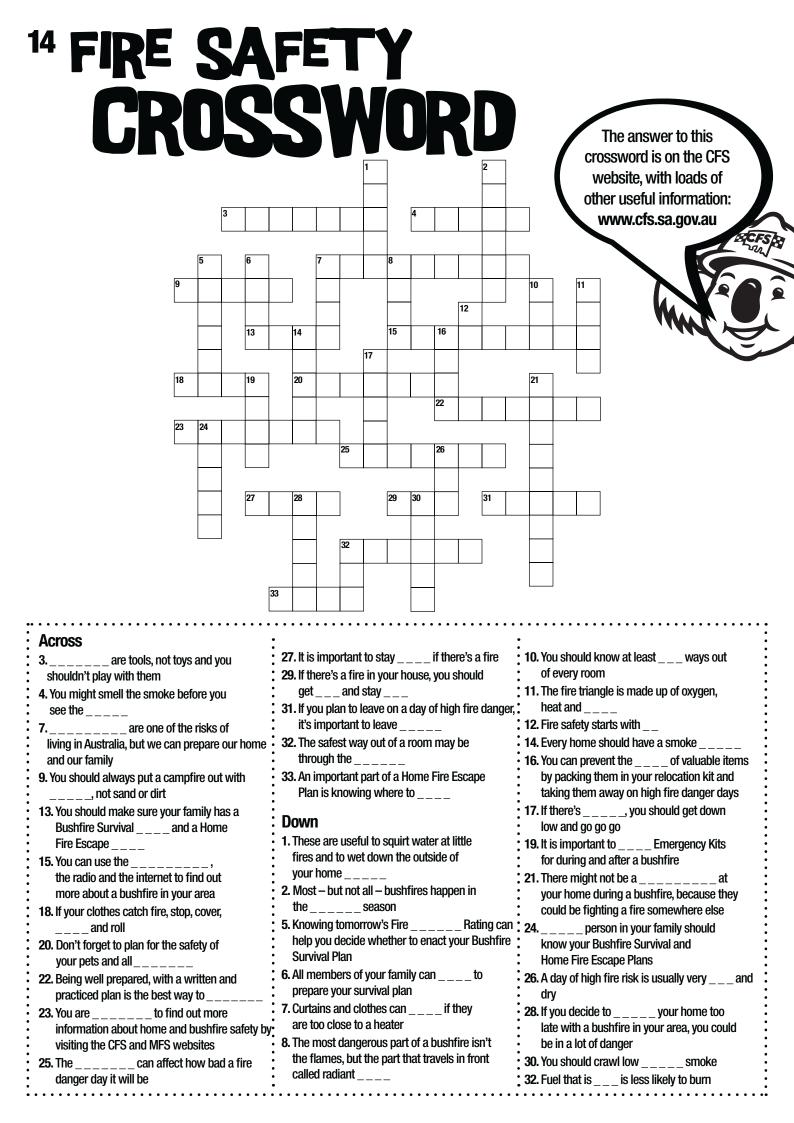
Never leave a camp fire alone. Keep water or an extinguisher handy too.

6. Make sure your camp fire is completely put out with water before you leave or go to sleep.

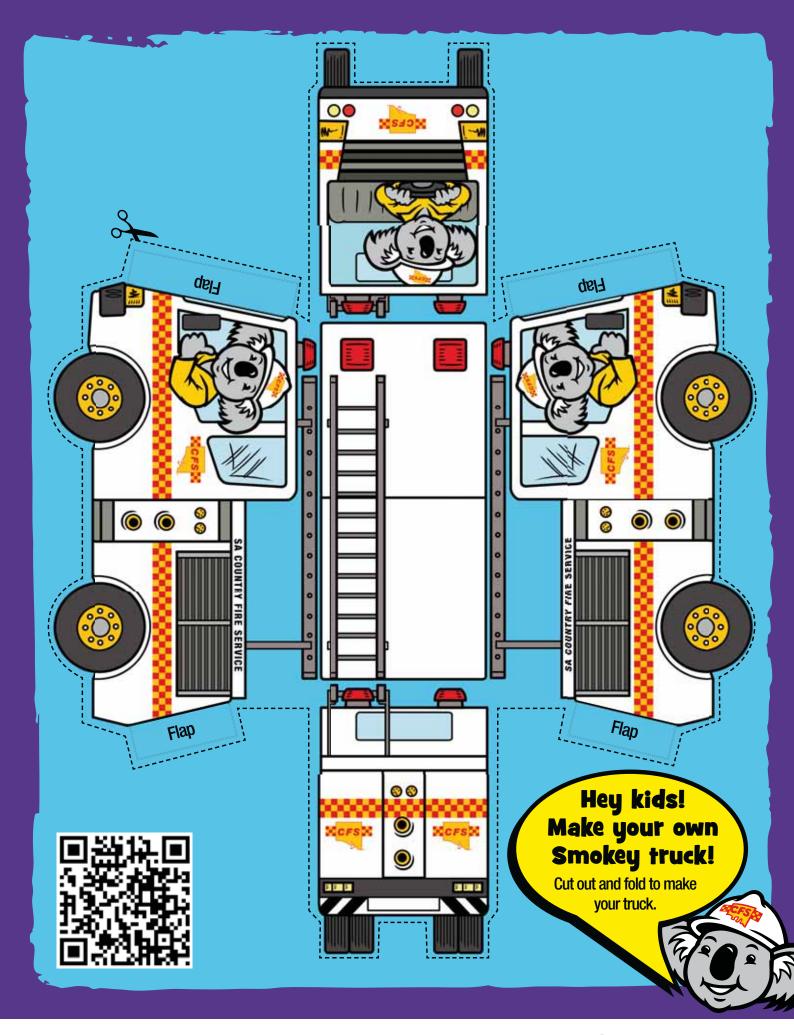
Water is the best way to cool a campfire. Putting dirt or sand on the fire is not good, as the sand or dirt can get hot and burn you or restart the fire.







HOUSE 000 AWAY	FIRE BRIGADE FIRE DOOR	CROSS-STREET FIREFIGHTERS NAME	NUMBEI ADULT FIRE		
Dial and ask for the and ask for the Find an and tell him or her about the	andand the nearest tell them the su	of the street,arrive tiburb and what is burning. the fit	<pre></pre>		
lf your quickly shut each_ behind you as you			SAFE!		



Kids Activities Booklet www.cfs.sa.gov.au



